

COMBINADA ASFALTO

Clasificación general absoluta

Pos	Dorsal	Nombre	EQUIPO / CLUB	POS.GENERO	T. Oficial	INICIO SUBIDA	SUBIDA	RITMO	DIFERENCIA
1	358	JORGE LUIS ALVAREZ RODRIGUEZ	AQUIAVENTURAX	1	00:37:05	00:12:19	2	00:24:45	4:24 min/km +00:00:00
2	300	JAIME ROMO SANTAMARIA	CLUB CICLISTA BARRUECOPARDI	2	00:37:54	00:12:19	3	00:25:35	4:30 min/km +00:00:49
3	365	DIEGO ALONSO ASTORGA	FISIOENOC	3	00:38:08	00:12:11	1	00:25:57	4:32 min/km +00:01:03
4	362	GUILLERMO PALACIOS RODRIGUEZ	ATLETISMO FISIORAMA-DRASANV	4	00:38:09	00:12:23	4	00:25:45	4:32 min/km +00:01:03
5	322	JAVI SAN MIGUEL BODELON	TEAM BOTILLOS DEL BIERZO	5	00:39:55	00:12:49	5	00:27:06	4:45 min/km +00:02:50
6	330	RUBEN CABALLERO MARTINEZ	INTELLIGENT INTERVAL INSTAX	6	00:41:06	00:13:11	6	00:27:54	4:53 min/km +00:04:01
7	334	ISAAC ALBERTO RODRIGUEZ RODRIGUEZ	INDEPENDIENTE	7	00:41:57	00:13:35	7	00:28:22	4:59 min/km +00:04:52
8	310	JOSE ALBERTO GARCIA ALVAREZ	TEAM LOGI-TRAIL	8	00:42:15	00:14:02	9	00:28:12	5:01 min/km +00:05:09
9	329	DAVID MENDO LOPEZ	INDEPENDIENTE	9	00:44:08	00:14:19	12	00:29:48	5:15 min/km +00:07:02
10	332	ANXO MANUEL FERNANDEZ SABORIDO	TANINOS RUNNERS PONTEAREA	10	00:44:51	00:14:18	11	00:30:33	5:20 min/km +00:07:45
11	354	PABLO VAZQUEZ ABELLA	RADIKAL BIERZO TEAM	11	00:45:27	00:14:05	10	00:31:21	5:24 min/km +00:08:21
12	350	JESUS MANUEL BLANCO GOMEZ	CLUB PATIN BIERZO	12	00:45:52	00:13:47	8	00:32:04	5:27 min/km +00:08:47
13	301	MODESTO FERNANDEZ ALVAREZ	CDM CUETO DEL OSO-COYANZA	13	00:45:53	00:15:06	20	00:30:46	5:27 min/km +00:08:47
14	315	GABRIEL MANUEL BRAVO PEREZ	TEAM LOGI-TRAIL	14	00:45:54	00:14:41	13	00:31:12	5:27 min/km +00:08:48
15	314	JOSE RAMON RODRIGO HERRERO	TEAM LOGI-TRAIL	15	00:46:38	00:14:55	17	00:31:42	5:33 min/km +00:09:32
16	357	CARLOS VIDAL FRAGUEIRO	INDEPENDIENTE	16	00:46:38	00:14:43	15	00:31:55	5:33 min/km +00:09:32
17	359	JOSE MANUEL GONZALEZ GOMEZ	BEMBIBRE BTT	17	00:46:39	00:14:44	16	00:31:55	5:33 min/km +00:09:34
18	327	SERGIO MONTEAGUDO RODRIGUEZ	INDEPENDIENTE	18	00:46:56	00:14:42	14	00:32:13	5:35 min/km +00:09:50
19	345	CELSO ALONSO NUÑEZ	TEAM BOTILLOS DEL BIERZO	19	00:47:03	00:15:05	19	00:31:58	5:36 min/km +00:09:58
20	360	JORGE NUÑEZ CARRAL	INDEPENDIENTE	20	00:47:36	00:15:08	21	00:32:28	5:40 min/km +00:10:31
21	304	SANDINO FERNANDEZ MARTINEZ	INDEPENDIENTE	21	00:48:49	00:15:30	24	00:33:19	5:48 min/km +00:11:43
22	355	ROBERTO OVALLE FIERRO	BIERZO TRIMAN	22	00:48:57	00:15:23	23	00:33:34	5:49 min/km +00:11:52
23	328	TOMAS BAÑOS GRANADO	CLUB MONTAÑA VILLALFEIDE	23	00:49:04	00:16:21	33	00:32:43	5:50 min/km +00:11:59
24	331	IVAN GARCIA CRESPO	INDEPENDIENTE	24	00:49:50	00:15:55	30	00:33:55	5:56 min/km +00:12:45
25	333	ALVARO RODRIGUEZ RAIMUNDEZ	PATACAS RUNNERS	25	00:50:28	00:16:20	32	00:34:07	6:00 min/km +00:13:22
26	363	RICARDO LOPEZ SOTO	INDEPENDIENTE	26	00:50:45	00:16:46	37	00:33:59	6:02 min/km +00:13:40
27	305	LAURA PEREZ CUADRADO	TEAM LOGI-TRAIL	1	00:51:01	00:15:40	26	00:35:21	6:04 min/km +00:13:56
28	307	FRANCISCO COBO BLANCO	TEAM LOGI-TRAIL	27	00:51:03	00:15:41	27	00:35:21	6:04 min/km +00:13:58
29	339	DIEGO MOLDES FERNANDEZ	RÍO MIÑO RUNNING & MOUNTAIN	28	00:51:22	00:15:08	22	00:36:13	6:06 min/km +00:14:17
30	336	DAVID IGLESIAS PEREZ	RIO MINO RUNNING & MOUNTAIN	29	00:51:23	00:15:47	29	00:35:36	6:07 min/km +00:14:18



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Pos	Dorsal	Nombre	EQUIPO / CLUB	POS.GENERO	T. Oficial	INICIO SUBIDA	SUBIDA	RITMO	DIFERENCIA
31	356	JOSE ANTONIO LOPEZ FERNANDEZ	LA DESPENSA DE FER RUNNING	30	00:51:35	00:15:03	18	00:36:32	6:08 min/km +00:14:29
32	346	RAFITA FERNANDEZ ALVAREZ	CUETO DEL OSO	31	00:51:41	00:15:42	28	00:35:59	6:09 min/km +00:14:36
33	318	JOSE MANUEL DE LA VILLA REQUEJO	TEAM LOGI-TRAIL	32	00:51:51	00:16:44	36	00:35:07	6:10 min/km +00:14:45
34	344	RICARDO DIEZ ARIAS	INDEPENDIENTE	33	00:52:14	00:16:51	38	00:35:22	6:13 min/km +00:15:08
35	321	JONATHAN MIMOSO BARTOLOME	INDEPENDIENTE	34	00:52:31	00:15:37	25	00:36:53	6:15 min/km +00:15:25
36	317	SANTIAGO ARIAS DIAZ	TEAM LOGI-TRAIL	35	00:53:00	00:16:41	35	00:36:19	6:18 min/km +00:15:54
37	309	SARA AIRA OJEA	TEAM LOGI-TRAIL	2	00:53:04	00:17:42	45	00:35:21	6:19 min/km +00:15:58
38	361	OSCAR LOPEZ CASTRO	INDEPENDIENTE	36	00:53:41	00:16:16	31	00:37:24	6:23 min/km +00:16:35
39	326	MAITE SALGADO ALBORES	INDEPENDIENTE	3	00:54:16	00:16:57	39	00:37:19	6:27 min/km +00:17:10
40	311	RAFAEL F. GARCIA YEBRA	TEAM LOGI-TRAIL	37	00:54:39	00:17:02	41	00:37:37	6:30 min/km +00:17:34
41	364	RUTH DE JESUS SANTOS	MAMBA GYM	4	00:55:12	00:17:18	44	00:37:54	6:34 min/km +00:18:07
42	303	EDUARDO FERNANDEZ RAMOS	INDEPENDIENTE	38	00:55:16			6:34 min/km	+00:18:11
43	319	MANUEL PRADO GONZALEZ	TEAM LOGI-TRAIL	39	00:55:22	00:17:01	40	00:38:20	6:35 min/km +00:18:16
44	341	JUAN RAMON ALVAREZ MARTINEZ	CASA DE ASTURIAS	40	00:55:58	00:17:52	46	00:38:05	6:39 min/km +00:18:52
45	338	NICA PICA	INDEPENDIENTE	41	00:56:12	00:16:38	34	00:39:33	6:41 min/km +00:19:07
46	343	JORGE SUAREZ SILVEIRO	INDEPENDIENTE	42	00:57:55	00:17:03	43	00:40:52	6:53 min/km +00:20:50
47	369	JOSE ALEJANDRO RODRIGUEZ RODRIGUE	LA DESPENSA DE FER RUNNING	43	00:58:23	00:19:44	54	00:38:38	6:57 min/km +00:21:18
48	348	GERMAN ABELLO TORRES	TEAM LOGI-TRAIL	44	00:59:34	00:18:55	49	00:40:39	7:05 min/km +00:22:29
49	370	JOSEFINA LLAMAS CASTRO	INTERVAL	5	01:00:08	00:19:26	51	00:40:42	7:09 min/km +00:23:02
50	324	RAFAEL FIGUEROA PEREZ	TEAM LOGI-TRAIL	45	01:00:09	00:17:02	42	00:43:06	7:09 min/km +00:23:03
51	349	PEDRO JESUS ALV AREZ PEREZ	BIERZO TRIMAN	46	01:00:10	00:19:44	53	00:40:25	7:09 min/km +00:23:04
52	342	MILA GARCIA PEREZ	CASA DE ASTURIAS	6	01:01:13	00:17:53	47	00:43:20	7:17 min/km +00:24:07
53	323	CARLOS LOPEZ FERNANDEZ	INDEPENDIENTE	47	01:03:28	00:19:26	52	00:44:02	7:33 min/km +00:26:22
54	312	LORENA BELLO BLANCO	TEAM LOGI-TRAIL	7	01:03:45	00:17:58	48	00:45:46	7:35 min/km +00:26:39
55	347	MARIA NIEVES TORRES MONZON	TEAM LOGI-TRAIL	8	01:06:02	00:18:55	50	00:47:06	7:51 min/km +00:28:56
56	352	ROBERTO FERNANDEZ TAPIA	C.C.SPATANOS VILLAFRANCA	48	01:06:20	00:20:02	55	00:46:18	7:53 min/km +00:29:14
57	371	LAURA FELIZ VILLAFANE	INTELLIGENT INTERVAL INSTAX	9	01:08:41	00:21:17	56	00:47:24	8:10 min/km +00:31:36
58	325	AGUSTIN GARCIA RICO	INDEPENDIENTE	49	01:27:00			10:21 min/km	+00:49:54

