



Fecha: 01/12/2019

Distancia: 6350 ms

| Pos | Dorsal | Nombre                     | CLUB/EQUIPO               | CONTROL 1 |             |     | CONTROL 2 |             |     | CONTROL 3 |             |     | CONTROL 4 |       |       | TIEMPO      |       |      |
|-----|--------|----------------------------|---------------------------|-----------|-------------|-----|-----------|-------------|-----|-----------|-------------|-----|-----------|-------|-------|-------------|-------|------|
|     |        |                            |                           | 1.660     | RITMO       | POS | 3.220     | RITMO       | POS | 4.780     | RITMO       | POS | 6.340     | RITMO | POS   | OFICIAL     | RITMO | DIF. |
| 1   | 400    | GONZALO ARANGUENA PINILLA  | GIRVA- C.D. GIRALDA SPORT | 5:39      | 3:24 min/km | 4   | 10:52     | 3:22 min/km | 1   | 16:07     | 3:22 min/km | 1   |           |       | 21:16 | 3:21 min/km | +0    |      |
| 2   | 403    | ELEAZAR CANTON SERRANO     | CAMTO                     | 5:39      | 3:24 min/km | 3   | 10:52     | 3:22 min/km | 2   | 16:10     | 3:23 min/km | 2   |           |       | 21:33 | 3:23 min/km | +17   |      |
| 3   | 408    | DANIEL ANTONIO DIAZ BLANCO | Atl. Almendralejo         | 5:39      | 3:24 min/km | 2   | 11:01     | 3:25 min/km | 4   | 16:33     | 3:27 min/km | 3   |           |       | 21:59 | 3:27 min/km | +42   |      |
| 4   | 404    | SUFIAN EL GARNI EL OUAHL   | CAMTO                     | 5:42      | 3:26 min/km | 6   | 11:27     | 3:33 min/km | 6   | 17:16     | 3:36 min/km | 5   |           |       | 23:10 | 3:39 min/km | +1:54 |      |
| 5   | 410    | GUILLERMO SMIT SECO        | Club Atletismo Zamora     | 5:48      | 3:29 min/km | 9   | 11:39     | 3:37 min/km | 7   | 17:33     | 3:40 min/km | 6   |           |       | 23:16 | 3:39 min/km | +2:00 |      |
| 6   | 409    | DAVID BARROSO BRAVO        | Capex                     | 5:41      | 3:25 min/km | 5   | 11:25     | 3:32 min/km | 5   | 17:20     | 3:37 min/km | 7   |           |       | 23:23 | 3:41 min/km | +2:07 |      |
| 7   | 405    | ÁLVARO SANTAMARÍA CÁMARA   | Image FDR                 | 5:45      | 3:27 min/km | 8   | 11:44     | 3:38 min/km | 8   | 17:46     | 3:43 min/km | 8   |           |       | 23:39 | 3:43 min/km | +2:22 |      |
| 8   | 414    | MARIO TEJERO TEJERO        | C.D. ATLETARIA            | 5:44      | 3:27 min/km | 7   | 11:51     | 3:40 min/km | 9   | 18:15     | 3:49 min/km | 9   |           |       | 24:31 | 3:51 min/km | +3:15 |      |
| 9   | 412    | MARIO GARCIA FERNANDEZ     | C.D. ATLETISMO BRIVIESCA  | 6:50      | 4:07 min/km | 10  | 14:19     | 4:26 min/km | 10  | 22:03     | 4:36 min/km | 10  |           |       | 29:20 | 4:37 min/km | +8:03 |      |

